



**VALLEY ORTHOPEDIC INSTITUTE PATIENT HISTORY**

DATE: \_\_\_\_\_

Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_ AGE: \_\_\_\_\_

Occupation: \_\_\_\_\_ SEX: M F

Doctor(s) who sent you: \_\_\_\_\_ Dominant Hand: R L

(cc) Reason for Visit: \_\_\_\_\_

***DETAILS OF INJURY; WHERE, WHEN AND HOW INJURY OCCURRED***

DATE OF INJURY: \_\_\_\_\_ If not injured, give Date of Onset: \_\_\_\_\_

Was injury or onset related to: Work: Y N Auto Accident: Y N

Other (school, sports, activity or explain): \_\_\_\_\_

How did injury or onset occur? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Where did the injury/problem occur? \_\_\_\_\_

\_\_\_\_\_

What body parts were injured? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Any previous treatment of this problem? (Include any medications prescribed)

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Is this injury potentially going to be in litigation? Y N

Name of Physician(s) who treated you: \_\_\_\_\_ When? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

***HISTORY OF PRESENT ILLNESS***

A) LOCATION OF YOUR PAIN? (e.g. Low back; neck; groin, buttock, right or left knee, calf, right or left shoulder, right or left elbow, wrist, foot pain, heel, other)

\_\_\_\_\_

\_\_\_\_\_

B) SEVERITY OF YOUR PAIN? Mark the point on the line between 0 (least) and 10 (worst) which best describes how severe current pain is:

0 1 2 3 4 5 6 7 8 9 10



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C) CHARACTER OF THE PAIN? (e.g. Dull, Sharp, Achy, Burning, Throbbing, Crampy, Dull, Shooting, Incapacitating, Prickly, Stabbing, other)

\_\_\_\_\_

D) WHEN DO YOU FEEL PAIN AND FOR HOW LONG DOES IT LAST?

(e.g. Morning, Afternoon, Evening, Increases over the day, Bending, Climbing, Squatting, is the pain Constant. How long does the pain last?)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

E) ASSOCIATED SYMPTOMS? (e.g. Locking, Giving Way, Tenderness, Fatigue, Tingling, Numbness, Radiating Pain, Describe Where?)

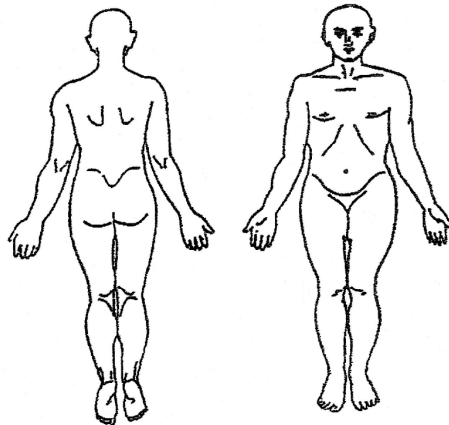
\_\_\_\_\_  
\_\_\_\_\_

F) WHAT MAKES YOUR SYMPTOMS BETTER? (e.g. Rest, Heat, Cold, Elevation, Physical Therapy, Braces, Injections, Special Positioning, Medication)

\_\_\_\_\_

**PAIN DRAWING**

Place X's at the location(s) of your worst pain using the diagram below



Past Hospitalizations/Surgeries/Injuries and Approximate Dates (or indicate NONE):

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Current Medical History** (Please circle Yes or No if you have any of the following medical problem)

High Blood Pressure	Y	N	Diabetes	Y	N	Heart Trouble	Y	N
Respiratory Problems	Y	N	Stroke	Y	N	Cancer	Y	N
Bleeding Problems	Y	N	HIV/AIDS	Y	N	Other Problems:	_____	
Pulmonary Embolism	Y	N	Blood Clot	Y	N		_____	
Gastrointestinal Problems	Y	N	Other:	_____				



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Current medications: NONE ( ) otherwise fill out below...

Table with 3 columns: MEDICATION NAME, DOSAGE, FREQUENCY

Allergies: ( ) None ( ) Contrast/Dye ( ) Sulfa ( ) Penicillin ( ) Local Anesthetics ( ) Latex ( ) Iodine ( ) Shellfish

Other: \_\_\_\_\_

Family History: Please list any FAMILY history medical problems (e.g. Heart Disease, Strokes, Diabetes, Cancer, etc)

Father: \_\_\_\_\_ Mother: \_\_\_\_\_

Siblings: \_\_\_\_\_ Other: \_\_\_\_\_

Social History: Marital Status: ( ) Single ( ) Married ( ) Separated ( ) Widowed ( ) Divorced ( ) Partner

Tobacco use: ( ) Never ( ) Packs/Day \_\_\_\_\_ How many years? \_\_\_\_\_ Quit/When? \_\_\_\_\_

Alcohol Use: ( ) Never ( ) Rarely ( ) Moderate ( ) Daily How much? \_\_\_\_\_

Drug Use: (Prescription and Non-Prescription) ( ) Never Type & Frequency \_\_\_\_\_ Recovery Program? Y N When? \_\_\_\_\_

Highest level of education: ( ) High School ( ) College ( ) Trade School ( ) Graduate School ( ) Professional School

REVIEW OF SYSTEMS (ROS) Please circle Yes or No if you have any of the following problems...

Constitutional

- Good General Health N Y
Recent Weight Change N Y
Night Sweats, Fevers N Y
Fatigue N Y

Cardiovascular

- Chest Pain N Y
Palpitations N Y
Heart Trouble N Y
Swelling hands/feet N Y

Musculoskeletal

- Muscle pain or cramps N Y
Stiffness/swelling joints N Y
Joint pain N Y
Trouble walking N Y

Endocrine

- Excessive thirst/urination N Y
Thyroid disease N Y
Hormone Problem N Y

Genitourinary - Male Only

- Blood in urine N Y
Kidney Stone N Y
Sexual problems N Y
Testicular pain N Y

Ears/Nose/Mouth/Throat

- Hearing loss/ringing N Y
Sinus Problems N Y
Nose Bleeds N Y
Sore Throat/voice changes N Y

Respiratory

- Shortness of Breath N Y
Cough N Y
Wheezing/Asthma N Y
Coughing up Blood N Y

Neurological

- Frequent headaches N Y
Paralysis or tremors N Y
Convulsion/seizures N Y
Numbness/tingling N Y

Hematological

- Bruise easily N Y
Slow to heal N Y
Enlarged glands N Y

Genitourinary - Female Only

- Blood in urine N Y
Kidney Stone N Y
Sexual problems N Y
Menstrual problems N Y

Eyes

- Wear glasses/contacts N Y
Blurred/double vision N Y
Eye disease or injury N Y
Glaucoma N Y

Gastrointestinal

- Nausea/vomiting N Y
Abdominal Pain N Y
Rectal bleeding N Y
Bowel Problems N Y

Integumentary (skin/breast)

- Change in hair or nails N Y
Rashes or itching N Y
Breast lump N Y
Breast pain or discharge N Y

Allergic/Immunologic

- Food Allergies N Y
Aspirin Allergies N Y
Antibiotic Allergies N Y

Psychiatric

- Insomnia N Y
Confusion/memory loss N Y
Depression N Y

Patient Statement: To the best of my knowledge, the above information is accurate and complete.

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Physician Signature: \_\_\_\_\_ Date: \_\_\_\_\_